



Volume: 39

Issue: 9

Date: 15-Feb-2025

Website: www.rotarydowntown.in

Email: rotarypoonadowntown@gmail.com

Phone: +91-98230 56025 (Rtn. PE Aditi Bhende)

Editor: Rtn. Prof. PNN Iyer



- ☐ Rotary's month of conflict resolution & world peace.....Hands
- ☐ A Tribute to the Nation on 26th January 2025
- ☐ February is Peacebuilding & Conflict Prevention Month
- ☐ Inali 'Hands-on' Gujarat Yatra from Jan 28th- Feb 5th 2025
- ☐ Movie Montage
- ☐ February 2025 Fixtures
- ☐ Funny Humour
- ☐ Brain Teasers
- ☐ Brain Teasers Answers – Jan25 issue
- ☐ Birthdays and Wedding Anniversaries

Rotary's month of conflict resolution & world peace.....

ANGER IS AN ILLUSION

(A VIEWPOINT)

Dilgo Khyentse Rinpoche

When anger arises in what we think of as our minds, we become oblivious even to the dangers that might threaten us. Our faces flushed with rage, we seized our weapons & could even kill a lot of people. But this anger is an illusion; it is not at all some great force that comes rushing into us. It achieves one thing only & that is to send us to the hell of misery, & yet it is nothing but a thought, insubstantial thought.



It is only thought, & yet at this moment, while I am teaching Dharma, let us consider the mental experience, or thought, which you have, of listening carefully to me. Does this have a form or colour? Is it to be found in the upper or lower part of the body, in the eyes, or the ears? What we call the mind is not really there at all. You can find out whether the mind exists or not by just turning inwards & reflecting carefully. You will see that the mind does not begin, or end, or stay, anywhere; that it has no colour or form & is to be found neither inside nor outside the body. And when you see that it does not exist as anything, you should stay in that experience without an attempt to label or define it.

Why do people get angry? Because they get offended, sometimes in a fraction of a second. If we choose to become unoffendable, we can never get angry. Defeating anger is easy. Just switch off its trigger.....don't get offended.

Anger is a momentary madness. But the impact of words uttered in anger can last a lifetime.

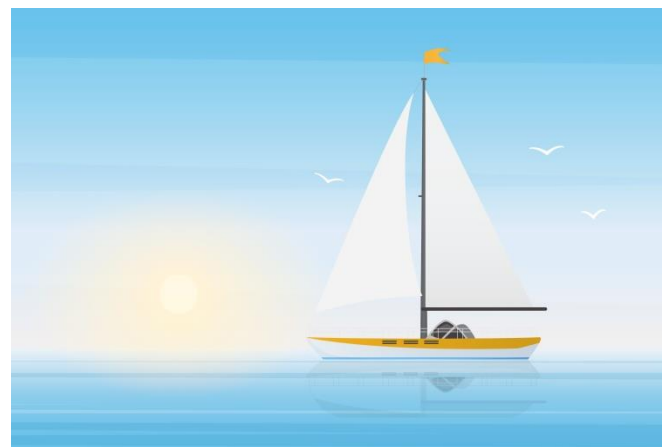
Even if someone slaps us, the pain vanishes in a few hours; but when someone close to us wounds us emotionally, sometimes the wounds never heal.

Don't be that person who says things in anger.

Walk away!

Words are more powerful than we think!

Why do people get angry? Because they get offended, sometimes in a fraction of a second. If we choose to become unoffendable, we can never get angry. Defeating anger is easy. Just switch off its trigger.....don't get offended.



**Compiled & edited by
Rtn Prof PNN Iyer
Editor Rotalink**

A Tribute to the Nation on 26th January 2025

India, a quilt so grand,
Woven by time, by every hand.
Each thread tells a tale, unique and true,
Of mountains high and oceans blue.

Saffron, white, and green entwine,
A symbol of peace and dreams divine.
Languages many, yet hearts as one,
Under the same resplendent sun.

From deserts vast to valleys deep,
In every corner, histories sleep.
A patch for every caste and creed,
A tapestry of hope and deed.

Warli whispers, Madhubani sings,
Kashmir weaves where the lotus springs.
Festivals burst in colors bright,
Lighting the quilt with endless light.

Through trials faced, the seams hold strong,
Bound by love, where all belong
.India, oh quilt of unity,
A testament to diversity's beauty.

By Prof PNN Iyer



WORLD PEACE

*Our World should have Peace,
To put all people at ease.
There should be no fight
Because everyone has right.
Then nobody will be hurt;
No one will be treated like dirt.
No matter what religion you are
It should be respected near or far.
Then our world would be right
So be nice and don't fight.*

– **Rea Desai**
(9 yrs old)



Rea Desai
is our
Dr. Anil & Meena
Latey's
granddaughter.
The profound
pedigree of the
poet is evident.

February is Peacebuilding & Conflict Prevention Month

Millions of people all over the world are currently displaced by armed conflict or persecution. In fact, 90% of casualties in armed conflicts are civilians, half of which are children. Through service projects and Rotary programs, the Rotary family is committed to pursuing projects that address the structural causes of conflict, including poverty, inequality, ethnic tension, lack of access to education, and unequal distribution of resources.....



Rotarians train adults and young leaders to prevent and mediate conflict, and aid refugees who have fled dangerous areas. During February, Rotary Peace Building and Conflict Prevention Month, we're celebrating our commitment to build peace and mitigate conflict.



**February 23,
Rotary's Birthday is
also World
Understand and
Peace Day**

Camp pictures and Beneficiaries

Movie Montage

1. **"I want to talk."** 2024, 2hrs 13 mins.
Amazon Prime. English.
True story of Arjun Sen, a cancer survivor who navigates his life with an adolescent daughter & her anguishes. If Abhishek Bachan doesn't get an Oscar for this, the award loses its credibility. Soooooooperb acting. Great Direction by Shoojit Sarkar.



2. **"Kulkarni Chaukatla Deshpande"**
2019, Amazon Prime 2hrs 34 mins.
Marathi with English subtitles. A sensitive, sentimental story of a divorcee tormented by her ego. Children are the worst victims of dysfunctional homes. Must watch this mature theme movie.



3. **"Mehta Boys"** - Amazon Prime, 2hrs 03 mins.
Hinglish with English subtitles. Typical Father-son differences, undercurrent, loud silences. Boman Irani excels as writer, director & a fantastic actor. One introspects seriously. What a movie.





February 2025 - Fixtures

Club Meetings

Venue:

Poona Club Conference, Hall No 1.

Timings:

Fellowship - 7-7.30 pm

Meeting - 7.30-8.30 pm

06-Feb Thurs	AG Visit
13-Feb Thurs	Talk on Union Budget 2025 By Eminent Economist Ms. Vabhavi Pingale
20-Feb Thurs	Club Assembly
27-Feb Thurs	Peace and Conflict Resolution Speaker Mr. Micheal David

Funny Humour



As we wobble into “Our Second Childhood”



An Old man had 8 hair on his Head
He went to a Barber Shop
Barber is anger asked...
Shall I cut or Count.?
Old man Smiled and Said..
" Colour it !".
Life is to enjoy with whatever you have with You

A man goes to the doctor and says,
"Doctor, wherever I touch, it hurts."

The doctor asks,
"What do you mean?"

The man says, "When I touch my
shoulder, it really hurts. If I touch
my knee - OUCH! When I touch my
forehead, it really, really hurts."

The doctor says,
"I know what's wrong with you
- you've broken your finger!"



Age 10: I want to be a
Pilot 

Age 15: I want to be a
Scientist. 



Age 20: I want to be an
Engineer. 

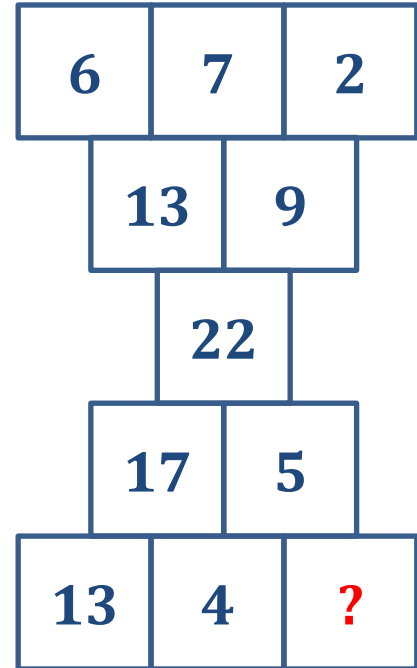
Age 25: I want to be a
Kid again. 

Brain Teasers

Identify the Jumbled Words

CONYNUTI	
BOUNARYD	
OBEDENICE	
MRIANAET	
MERYMO	
PADYOR	
RCEICALPR	
RAEDLEB	
VAELDITIONC	
WCHERN	
UNTESDYA	
SIINGFITCAN	
IWHTDRAW	
SUEYR	

Which number replaces the question mark?



Options:

A: 35

B: 12

C: 2

D: 1

Find 5
differences



Brain Teasers – Answers to Jan 2025 Edition

RIDDLE:

There is a word that begins with
an E, Also ends with an E,
But have just one letter in it.

Hint: Sometimes you lick it.

What is the Word?

Answer: Envelope

RIDDLE:

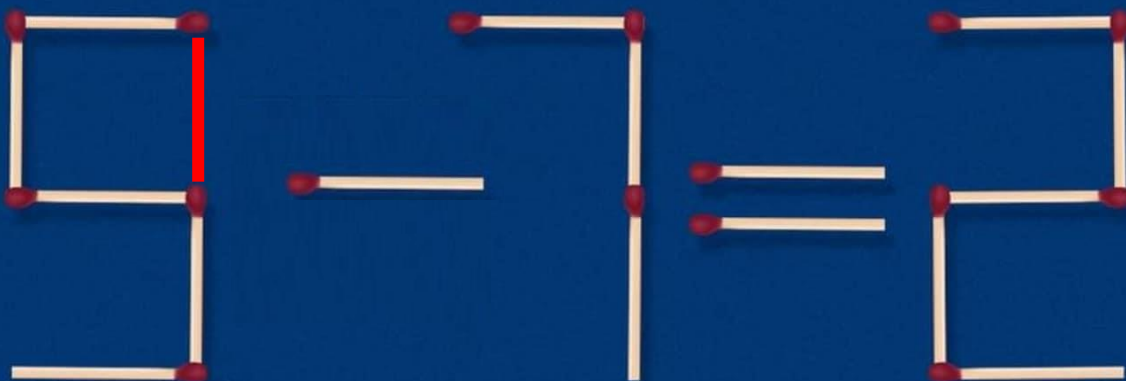
I can Fly but I have no Wings,
I can Cry but I have no Eyes,

What Am I?

Answer: Cloud

**Answer: Move one match stick from Plus sign and
attached to Number 5 to make it Number 9**

Move only 1 match to fix the equation





Sumita Guha

02 Feb

Shailendra Abhyankar

10 Feb

Dipti Bhosle

10 Feb

Anita Dua

16 Feb

Nutan Wakhle

20 Feb

Mahendar Chandiramani

25 Feb

***Wishing you all a Wonderful Birthday and
May you have a Wonderful Year ahead...***



HAPPY WEDDING ANNIVERSARY

Farrokh & Veera Bhathena

12 Feb

Kirti & Jayshree Mehta

15 Feb

Rajendra & Lalita Nahar

20 Feb

Sunil & Smita Jaiswal

24 Feb

Jitu & Deepika Mehta

25 Feb

Dr. Ravikumar & Dr. Ameeta

26 Feb

*Wish you all a wonderful and
joyful life ahead...*



